



# JUNIOR COACH

## LEADERSHIP DEVELOPMENT

**FREE ONLINE LEADERSHIP PROGRAM  
FOR STUDENTS IN GRADES 7 & 8.  
JANUARY - MAY**



### RECEIVE MENTORSHIP



Join live 1 hour sessions online on Mondays, led by trained volunteers. Explore what it means to be a leader, and how you can be one in your community.



### MAKE FRIENDS



Meet other like-minded students from across the region. You'll learn from and encourage each other.



### BUILD LITERACY AND FITNESS SKILLS



Discover new stories and how they connect to us, while also learning about different ways of getting active.

**REGISTER AT: [BRAINWORX.START2FINISHONLINE.ORG](https://brainworx.start2finishonline.org)**



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