



YWCA SINGLE MOTHERS' SUPPORT GROUPS

Connecting mothers who are parenting alone

Join our weekly group meetings for peer support, resources and information.

- Build meaningful connections with other solo moms
- Learn skills and gain valuable tools to pursue your personal and family goals
- Community resources and information
- Free services, online or in person. Free child minding during in person meetings.

Find a group in your community at ywcavan.org/single-moms

Fill out the online application form
or call/text 604 250 6229 | 604 219 8952

