Parenting can be hard, but you don’t have to do it alone!

Nobody’s Perfect Parenting Program
Online Sessions (on Zoom)

Six sessions from January 25 to March 1, 2022
Tuesdays, 10:00 to 11:30 a.m.

Nobody’s Perfect Parenting is co-facilitated, interactive, informative and fun!

Meet with other parents of young children (0-5 years old)
Share your questions, concerns, and ideas about parenting and kids
Learn about child development, health and behaviour
Discuss real-life parenting situations and positive ways of parenting

Mount Pleasant Neighbourhood House
800 East Broadway, Vancouver
Unceded Coast Salish Territory

To register please access:
https://forms.office.com/r/GDPUNLQC7e

www.mpnh.org