



Parent & Grandparent/ Kinship Support Circles in BC



Parent Support Services Society of BC

Free • Confidential

Open to all parents & grandparents with children & teens

Snacks & child minding subsidy may be provided

Each self-help support circle is led by two trained volunteer facilitators

We have Support Circles: that operate in English, Cantonese, Mandarin, Filipino, Korean, and Spanish; for Fathers; for parents/caregivers of children on the autism spectrum; for Indigenous parents/caregivers; are for kinship caregivers and more.

We have Support Circles for parents and caregivers like you!

Circles in Your Area:

Lower Mainland & Fraser Valley: Burnaby, Coquitlam, Port Coquitlam, Vancouver, Richmond, Surrey, Abbotsford, Langley.

Vancouver Island & the Sunshine Coast: Victoria, Sooke, Nanaimo, Duncan, Comox Valley, Parksville, Powell River.

Plus—Prince George, Kamloops and Kelowna.

Circles ebb and flow. Check regularly & see if there is a Support Circle in your area.

Let us know if you are interested in helping us set one up in your community.

For More Info: www.parentsupportbc.ca

Call 604-669-1616; 1-877-345-9777

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