



Healthy Eating

Warm-up Talk Line

ELSA Level: Literacy and Level 1
Activity: Listening and Speaking warm-up activity
Time: 30 minutes
Materials: A set of downloadable food illustration and word cards

Learning Outcomes:

Learners will be able to:

- Express personal food likes and dislikes (express preferences)
- Express food preparation habits

Suggested Approach:

- Prior to doing this talk line, instructors may have learners simply match the pictures with the words first to familiarize learners with the vocabulary.
- Instructors can choose as many cards (from the set of 45) as is appropriate for the abilities of the class. Learners stand facing each other in two parallel lines. In one line, each learner holds a different card with a common food item on it. The learner opposite asks questions about the card: What is it? Do you like it? When do you eat it? Do you cook it? etc. After a minute or two, the line without the cards shifts and asks the next learner about the food on the card.
- Extension activities may include using these cards for a game of "Concentration" or "Fish". Use only the number of vocabulary cards appropriate for the vocabulary level of the class, but make two copies of each (on card stock if possible) so the deck has pairs.
- Literacy learners can try a simplified version of this activity with a very short list of target vocabulary items (15 food items from 5 food groups as suggested on the previous page) after the instructor has spent some time familiarizing learners with these items.