

 Kitsilano

 Neighbourhood House

 *The hub of Vancouver's Westside since 1894*

Food Skills for Families



This hands on program can show you how to prepare nutritious meals that taste great that the whole family will enjoy!

Day: Wednesday's
March 28th - May 2nd 2012
(6 sessions)

Time: 9:00am-1:00pm

Cost: *FREE*

Location: Tapestry at Westbrook
Village UBC
3338 Westbrook Mall



Register Early, space is limited!

To register or for more information please contact:
Nikki at 604-736-3588 or nikki@kitshouse.org

www.kitshouse.org



ASSOCIATION OF
NEIGHBOURHOOD HOUSES BC